

como controlar la ansiedad pdf

Cristo Para Todas Las Naciones es una organizaci3n cristiana cuya misi3n es difundir el mensaje de esperanza de Jesucristo, ayudando a las personas a enfocar los conflictos de la vida desde una perspectiva cristiana. En este sitio se pueden bajar en forma gratuita una variedad de folletos sobre diferentes temas como: comunicaci3n, sufrimiento, paternidad, depresi3n, divorcio, muerte ...

Folletos :: Para el Camino

La fobia a hablar en p3blico no debe verse como una "enfermedad", puedes superarla con la correcta actitud y deshaci3ndote de las ideas err3neas.

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